

Sutherland Cranial Teaching Foundation, Inc.

presents

Osteopathy in the Cranial Field *a Basic Course*

**NYIT-COM
Old Westbury, NY
May 29 – June 2, 2025**

Hugh Ettlinger, DO, FAAO, FCA, Course Director

**Course Texts: Teachings in the Science of Osteopathy, W.G. Sutherland, DO
Contributions of Thought, A. Sutherland and A. L. Wales DO
Osteopathy in the Cranial Field, H. I. Magoun, DO, FAAO**

Day 1

7:30 Registration

8:00 Introduction

**8:15 Osteopathy: Concept and History,
Introduction to the Primary Respiratory Mechanism**

**9:00 Palpatory Sensing Session-
Medical review, Landmarks, Orientation, Posture, Hand contacts, Rotate 3 heads**

10:00 Discussion in Small Groups

10:15 Development of the Primary Respiratory Mechanism

11:15 Palpatory Sensing Session

12:00 Lunch

1:15 Cranial Bone Demonstration

1:45 Cranial Base: Anatomy and Physiologic Function

2:30 Cranial Base: Anatomy and Physiologic Function-Table Session

3:15 Discussion in Small Groups

3:30 Reciprocal Tension Membrane include Venous Sinuses

4:15 Palpatory Skills- Lecture / Table Session –Bone/Fluid/Fascia RTM

5:00 Cranial-Cervical Junction / Lecture and Lab

5:45 Adjourn

Day 2

8:30 Review / Recap

9:00 Temporal Bone Anatomy & Physiology Lecture

10:00 Temporal Bone Table Session

11:00 Discussion in Small Groups

11:15 Cranial Vault Anatomy & Physiology Lecture

12:00 Cranial Vault Table Session

12:30 Lunch

1:45 Patterns of the Cranial Base: Torsion and Side-Bending/Rotation

2:15 Torsion and SBR Table Session

3:00 Patterns of the Cranial Base: Vertical/Lateral Strains/Compression Lecture

3:30 Discussion in Small Groups

3:45 Patterns of the Cranial Base Vert/Lat Strains: Table Session

4:30 Sacrum: Anatomy and Physiologic Function-Lecture

5:00 Sacrum and Core Link -Table Session

6:15 Adjourn

Day 3

8:30 Review

9:00 Facial Bones Anatomy and Physiology Lecture

9:35 1 minute stretch then continue lecture

10:10 Discussion in Small Groups

10:25 Facial Bone Demonstration Table Session

11:00 Facial Bones: A & P Table Session

12:00 Lunch

1:15 Principles of Diagnosis: Lecture

2:00 Principles of Diagnosis: Observational Diagnosis

2:45 Principles of Diagnosis: Inducing Motion to Diagnose Cranial Base

3:15 Discussion in Small Groups

3:30 Diagnosis of the Sphenobasilar Junction- Table Session

**4:15 Management of Cerebral Spinal Fluid Fluctuation
Include Glymphatics Lecture**

5:00 CV4-Table Session

5:45 Adjourn

Day 4

8:30 Review

9:00 Principles and Methods of Treatment-Lecture

9:45 Sacrum- Diagnosis and Treatment Lecture and Table Session

10:45 Discussion in Small Groups

11:00 Temporal Bones: Diagnosis and Treatment-Lecture

11:30 Temporal Bones: Diagnosis and Treatment-Table Session

12:15 Lunch

1:30 Cranial Vault: Diagnosis and Treatment - Lecture

1:50 Cranial Vault: Diagnosis and Treatment - Table Session

2:45 Sphenobasilar Junction Dx and Tx – Table Session

3:30 Discussion in Small Groups

3:45 Infants and Children: Clinical Management

4:25 Infants and Children: Diagnosis and Treatment-Lecture

5:05 Infants and Children: Intraosseous Occiput / CCJ-Table Session

6:00 Adjourn

Day 5

8:00 Review / Recap

8:30 Mandible and TMJ- Diagnosis and Treatment / Table Session

9:00 Mandible and TMJ-Table Session

9:45 Discussion in Groups

10:00 Facial Bones: Diagnosis and Treatment-Lecture/Table Session

11:15 Lateral Flux- Lecture and Table Session

12:00 Lunch

1:00 Clinical Application with Anatomicophysiologic Correlation Lecture

1:45 Questions and Answers

2:45 Checking Craniosacral Mechanism

3:45 Adjourn